

2013 Final Report

Nearshore Eelgrass Inventory Bowen, Passage and Bowyer Islands

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1.0 Introduction

Land use developments within watersheds have led to a loss of natural estuarine and nearshore marine habitats in British Columbia, which are the receiving waters of land based activities. Agriculture, forestry, and dredging for commercial and residential development have all contributed to the loss (Durance, 2002). The pressure to modify natural marine features and habitat for the development of commercial facilities and residential units within coastal areas is intensifying. To prepare for the increase in populations on the BC coast and concurrent shoreline developments, it is necessary to identify and quantify nearshore habitats to protect and maintain these valuable environments.

This final report on the 2013 nearshore inventory and mapping of native eelgrass, *Zostera marina* surrounding Bowen, Bowyer and Passage Islands is a summary of the rationale, methodology and findings of this study conducted by SeaChange Marine Conservation Society in partnership with the Islands Trust, Islands Trust Fund and Metro Vancouver.

The report also serves as background information for future eelgrass inventories. The goal is to support science-based sound decisions that will affect the natural ecological health of the marine nearshore environments around these islands.

The importance of eelgrass is described below, as are the threats to it from human activities. Identifying and monitoring the distribution of native eelgrass habitats supplies much needed information for local land use and regional conservation planning. Maps and associated outreach activities also may lead to improvements in land use practices from increased knowledge and awareness about the habitat. Locating areas suitable for eelgrass restoration will lead to rehabilitation of eelgrass meadows as funding opportunities become available.

The methodology used to map and characterize *Z. marina* beds was determined according to the methodology of Cynthia Durance, R.P. Bio., Precision Identification Consultants (Durance 2002), and are summarized below.

2.0 Importance of Eelgrass

Seagrasses are rooted aquatic plants that grow in estuaries and along low wave energy shorelines throughout the world. Globally, seagrass meadows cover about 177,000 square kilometers of coastal waters – larger than the combined area of the Maritime Provinces (Short et al 2007) British Columbia has about 400 km² of saltmarsh and eelgrass habitats (Campbell 2010). The roles of eelgrass in biodiversity, carbon sequestration and ecosystem services are explained below.

2.1 Biodiversity

Eelgrass can form extensive meadows supporting high biodiversity. The complex and intricate food webs of an eelgrass meadow provide food and shelter for numerous fish and invertebrates. Meadows also serve as a nursery habitat and as a refuge from predation for juvenile fishes (Orth et al. 1984, Bostrom and Bonsdorff 2000, Duarte 2000). The productivity of native seagrasses rivals the world's richest farmlands and tropical rainforests. Seagrasses convert otherwise unstructured muddy/sandy sea floors to a three-dimensional environment that supplies nutrients to salmonids and other fish, waterfowl and about 124 species of invertebrates including shellfish. The plants offer surface area for over 350 species of macroalgae and 91 species of epiphytic microalgae – the basis of the food web for juvenile salmon in marine waters (Phillips 1984).

Often referred to as "salmon highways", nearshore marine environments containing *Z. marina* beds are home to more than 80% of commercially important fish and shellfish species, including all species of salmon, at some point in their life histories (Durance 2002). *Zostera marina* beds are highways for Chinook, Coho, Pink, Chum, and Sockeye salmonid stocks (Thompson 1994). Great Blue Herons have been observed to feed in eelgrass beds within 3 km of their nesting colonies. Other important bird species using these habitats include Brant geese, Rhinoceros Auklets, cormorants and Western Grebes.

E.O. Wilson proposed the importance of habitat corridors in the 1960s (MacArthur and Wilson 1967). Habitat reduction and fragmentation at a variety of spatial scales has been widely acknowledged as a primary cause of the decline of many species worldwide (Thompson 1994). Habitat fragmentation generally leads to smaller and more isolated animal populations. Smaller populations are more vulnerable to local extinction. To reduce the isolation of habitat fragments, many conservation biologists have recommended maintaining landscape "connectivity" - preserving habitat for movement of species between remaining fragments (BC/Washington Marine Science Panel 1994).

2.2 Carbon Sequestration

Like terrestrial forests, eelgrass habitats capture and store large amounts of carbon but at much more efficient rates - up to ninety times the uptake provided by equivalent areas of forest. This "Blue Carbon" is stored in sediments where it is stable for thousands of years. In B.C., roughly 400 km² of salt marsh and seagrass meadows sequester as much carbon as B.C.'s portion of the boreal forest, and the equivalent of the emissions of some 200,000 passenger cars (Campbell 2010).

When eelgrass beds are restored, the rate of carbon sequestration appears to be rapid over the first few years and up to 40 years following restoration. The natural transport of eelgrass by currents and wave action to deeper waters in estuaries and the coastal ocean may further sequester more carbon (Thom et al 2011).

As ocean waters warm as a result of climate change (up to 5 C° during the spring), greater flowering as well as faster growth of eelgrass shoots has been observed. Both of these changes result in greater biomass. Like marshes, much of the eelgrass biomass is under the substrate, which indicates that a warming environment may result in greater carbon accumulation rates (Thom et al 2011).

2.3 Ecosystem Services

Ecosystem services are the benefits provided by the land, air, water and subsurface materials of the earth. Eelgrass habitats within the lower reaches of the Salish Sea provide carbon sequestration and storage, habitat refugia and nursery and nutrient cycling benefits to an approximated natural capital cost of \$80,929 per hectare per year (Molnar et al, 2012). As a home for juvenile stages of commercial fish, eelgrass habitats also provide revenue for commercial and recreational fisheries. Eelgrass also has important influences on ecological processes such as biogeochemical cycling, sediment stability and the food web (McGlathery et al. 2007, Orth et al. 2006). Accounting for these benefits in economic dollars and cents and factoring them into decision making policies would emphasize the economic, cultural and ecological values of nearshore habitats. Conserving eelgrass habitats, therefore, enhances the amount of high quality rearing habitat as well as increases the ecological services for human communities, including erosion control, sediment settling and food production (shellfish and fish).

3.0 Physical Requirements for Eelgrass

Eelgrass meadows are found in most of the world's coastal temperate regions except at extremely high latitudes. Physical and chemical factors affecting *Zostera marina* include temperature, light attenuation, elevation, substrate, wave action, salinity and pH. Worldwide, the plants survive under a wide range of water temperatures, from 0° to greater than 30°C. The optimum temperature for growth lies between 10° - 20° C in most areas (Phillips 1984). Eelgrass grows best within the Salish Sea in salinity ranges of 20 ppt - 32 ppt. Eelgrass can tolerate periods of freshwater inundation on a seasonal or daily basis (Durance 2002).

Of all the above factors, light availability and elevation may be the most crucial. Light availability seems to be the primary factor limiting depth distribution, density, and productivity of eelgrass meadows within their salinity and temperature ranges. When the Coal Port was expanded in 1982-1983 in Roberts Bank, both the native species of eelgrass (*Z. marina*) and an introduced species (*Z. japonica*) expanded. This occurred because the construction of causeways across a broad intertidal zone directed the turbid Fraser River water offshore, improving the light regime and initiating higher productivity in the eelgrass beds (Harrison and Dunn 1999).

4.0 Impacts from Human Activities

The majority of the earth's population now lives within 10% of land defined as "coastal". One of the results of this increased pressure on coastal shorelines has been the destruction of approximately 215,000,000 acres of estuarine habitat worldwide (BC/Washington Marine Science Panel 1994). Seagrasses are in decline throughout much of the world, with rates of loss accelerating from a median of 0.9% per year before 1940 to 7% per year since 1990 (Waycott et al. 2009). It has been estimated that 18% of coastal marine and nearshore wildlife habitat in the Salish Sea has been destroyed (British Columbia/Washington Marine Science Panel 1994). A large percentage of this decline is attributed to human impacts, including filling of shallow waters, dredging, and eutrophication (Short and Wyllie-Echeverria 1996). With the population of the Georgia Basin/Puget Sound forecasted to exceed nine million people by 2020, nearshore critical habitat loss is likely to increase.

The following is a description of some of the major impacts human coastal settlements have on eelgrass habitats and their functions.

4.1 Removal and Burial

Dredging and filling associated with the construction of harbors and ports have been the major cause of the decline in eelgrass beds (Levings and Thom 1994). The plants themselves are removed and then the physical, chemical and biological composition of the system is altered. Sediments raised by dredging can also bury plants growing nearby and alter eelgrass density by affecting water clarity. The reduction in plant density can further increase silt load because it reduces the capacity of eelgrass beds to trap sediments. It can also increase the erosion of bottom sediments because of the reduced root mass available to hold sediments together. The ultimate result is the reversal of the entire nutrient-flow mechanics of the ecosystem. Dredging activities include hydraulic clam harvesting, bay scallop raking, oyster harvesting and maintenance dredging of harbors. Filling in shallow wetland areas with the debris from wood processing (e.g. log dumps and log booms), sediment runoff from agricultural land and logging severely impact eelgrass habitats as well (Phillips 1984).

4.2 Pollution and Changes to Freshwater Input

Since estuaries are extremely vulnerable to changes in salinity and temperature, human activities affecting freshwater flows from streams heavily affect eelgrass meadows. Pristine watersheds surrounding estuaries provide steady supplies of fresh water and clean sediments to seagrass communities in the estuary. The opposite holds true as well: unhealthy watersheds increase the problems for seagrass distribution and productivity. Activities that cause increased nutrient loads in streams and rivers can result in overgrowth of algae that then die and deplete the oxygen from the bottom of poorly flushed bays. Chemical contaminants, such as fertilizers, pesticides and household hazardous wastes, runoff from streets and roads and runoff from

industrial activities also add to the toxic composition of muddy bottoms of eelgrass meadows (BC/Washington Science Panel 1994).

Quiescent waters are more susceptible to chronic contamination than areas with high energy water flows (Harrison and Dunn 1999). In the Salish Sea, more than 540 sq. kilometers of intertidal gravel, sand and mud habitat are closed for shellfish harvesting because of bacterial contamination. More than 730 sq. kilometers of shallow water habitat are unusable for crab and shrimp because of dioxin contamination from pulp mills. More than 32% of classified commercial shellfish growing areas in Puget Sound and Juan de Fuca Strait are either restricted or prohibited for harvesting due to water quality issues (Levings and Thom 1994). The same activities that impact shellfish, crab and shrimp harvesting have the potential to impact the health of eelgrass meadows.

Most toxic chemicals that accumulate in sediments in an inland sea such as the Salish Sea reside there for long periods of time unless they are physically removed. There is evidence that the roots of eelgrass take up a significant amount of heavy metals for long periods of time (e.g. lead, cadmium, zinc and chromium), thereby making up a large pool of heavy metals in coastal systems (Lyngby and Brix 1989). The consequences of toxic chemicals may have long term effects on eelgrass consumers, especially waterfowl and marine invertebrates.

4.3 Forestry Activities

Logging may cause scouring of stream channels and thereby increase sedimentation in estuaries, limiting the light available for photosynthesis. Bark chips from log booms smother eelgrass beds and form a blanket on the substrate, which leads to anaerobic sediment devoid of life (BC/Washington Marine Science Panel 1994).

4.4 Oil Spills

Oil spills pose serious threats to eelgrass communities growing in sheltered bays that are poorly flushed. These areas will tend to retain oil for long periods of time, becoming chronically contaminated. If spills happen in late summer or winter when leaf sloughing is at its peak, mats of drift blades will tend to catch and retain oil for later decomposition in the intertidal zone. Seed production and viability could be affected if a spill occurs in the spring (Beak Consultants 1975).

4.5 Shading by Overwater Structures

The apparent increase in demand for overwater structures in the islands within Howe Sound can have deleterious and cumulative impacts on the nearshore system. Shading, disruption of nearshore marine water movement, damage to the shore and subtidal habitat and operational pollution from boats can be some of the impacts (Van der Slagt et al. 2003).

4.6 Effects of Boating

Boat propeller cuts disturb eelgrass beds in shallow waters, both when boats are travelling through shallow areas and when they are approaching the shore to debark passengers, moor or anchor. The impacts from boating activities in eelgrass beds may be affecting waterfowl such as Brant geese (*Branta bernicla*), direct grazers on eelgrass. The Brant have been steadily decreasing in the Pacific Northwest since the 1940's (Phillips 1984).

5.0 Eelgrass and Climate Change

Sea level rise and increased frequency and intensity of extreme weather are two expected and observed effects of climate change (IPCC, 2007, IPCC 2012). The Intergovernmental Panel on Climate Change warns that on small islands in particular, sea level rise is expected to exacerbate coastal hazards such as storm surges, floods and erosion (IPCC 2007).

Impacts of rising sea level on the coastline of the Salish Sea will be more complicated than the inundation of low-lying areas. The effects will differ significantly between different shoreline features. Inland movement of sea water (Titus and Strange 2008), as well as erosion and redeposition of sediment will reshape the coastal landscape where there is room for the shoreline to shift and sufficient sediment is available (Mumford 2007). Increasing sea levels are expected to shift the zone in which sunlight is available to eelgrass beds. As a result, eelgrass beds are expected to shift inland unless barriers impede this shift (Titus and Strange 2008).

Eelgrass beds play a role in shoreline stability. Established eelgrass beds reduce currents, leading to increased sediment and organic detritus deposition (Durance 2002). Continuous dense eelgrass beds provide a buffer for incoming wave energy. The more the bed is fragmented by physical structures (e.g. boats, wharves, docks and overwater play structures), the less eelgrass beds function as an erosion buffer. Where shorelines are constrained by development or structures to prevent erosion (e.g. rip rap, sea walls), natural coastal features will be squeezed out and maintaining shoreline infrastructure and development will require increasingly expensive engineering measures (Mumford 2007). Pre-emptive planning for these changing conditions is necessary to protect settlement areas and shore features recognized for their natural and ecosystem services. This planning includes protection of natural buffers such as eelgrass beds.

6.0 Mapping Methodology

Identifying and monitoring the distribution of native eelgrass habitats supplies much needed information for regional planning for conservation purposes. Maps and associated outreach activities also may lead to improvements in land use practices from increased knowledge and awareness about the habitat. Locating areas suitable for eelgrass restoration will lead to rehabilitation of eelgrass meadows as funding opportunities become available.

The eelgrass inventory for this project entailed determining the presence or absence of *Zostera marina* with an underwater towed camera and a boat. A Trimble Pathfinder ProXR GPS was used for Bowen, Passage and Bowyer Islands to map polygons, meaning the perimeters of the beds were determined by mapping their shoreward and seaward edges. The average accuracy was 0.814m. Mapping of polygons according to standard methodology was limited due to safe boat operation in wind, current and tidal movements, as well as navigation around boats and swimmers. Field work for these three islands was completed by two field technicians and took place In August and October 2013.

The Islands Trust Global Positioning System Specifications (Schedule G) was used for the standard of mapping accuracy. This accuracy was the combined result of the built-in accuracy of the GPS unit, lag time between sighting eelgrass and the unit gathering enough satellite data to create a waypoint, in combination with boat drift. Characteristics of the eelgrass beds were noted at each waypoint.

The terms used to map eelgrass habitats are described below:

6.1 Distribution

The distribution of eelgrass within the bed is described for this inventory as either patchy or continuous. Patchy beds are those that contain isolated groups or patches of plants. Beds which are not patchy are classified as continuous; a bed that contains bare patches surrounded by eelgrass is classified as continuous. The boundary of a bed is determined by a shoot density of less than 1 shoot per square meter (Durance 2002).

6.2 Form

There are two basic forms of eelgrass beds in the Pacific Northwest: fringing beds that occur as relatively narrow bands usually on gentle slopes, and more expansive beds that cover large areas such as tidal flats known as "flat" beds (Durance, 2002). Inter-annual variation within a bed is not well known, but appears to be less than ten percent (Dowty et al, 2005). Fringing beds are generally linear. Flat beds are areas of large eelgrass beds in embayments that extend deeper than fringing and more linear beds found along shorelines (Dowty et al. 2005).

Distribution is often, but not solely, determined by aspect to dominant winds. Eelgrass distribution across a bathymetric gradient is limited at the upper boundary by the degree of exposure at low tide (desiccation) and by light limitations at the lower boundary.

6.3 Sediment Types

When possible, field observers rated the primary, secondary and tertiary occurrence of substrate types: sand, mud, pebble and cobble. A subtidal environment dominated by cobble might indicate a habitat more suitable for large kelps, which would shade any eelgrass shoots growing between the cobble during the summer months. A predominately sandy muddy bottom would support continuous eelgrass meadows in most cases, unless other factors are present, such as exposure to strong waves or the interruption of habitat by boat mooring buoys. In some cases substrate characteristics change with increasing depth (e.g. cobble to sandy or mud to cobble).

6.4 Percent Cover

Percent cover was estimated in broad categories to increase accuracy of observation (<25%, 26-75%, >75%). The coverage of an eelgrass meadow reflects both the substrate and the flow of water through it. A calm environment with a sandy mud substrate generally supports a dense, continuous eelgrass bed with virtually 100% cover. The cover of eelgrass in areas subjected to strong currents is typically patchy. Areas with heterogeneous substrate (mixture of fine and coarse) also tend to be patchy (Durance 2002). The percent of cover data collected from this inventory is based on subjective approximations as observed through the lens of an underwater camera. The approximate percent of cover does give important information on the density and productivity of a bed. For greater accuracy of percent cover, areas of particular interest (e.g., impact of shoreline modifications, restoration potential) should be surveyed by SCUBA divers.

6.5 Tidal Fluctuations

It was important to note whether the tide was running or slack at the time of the inventory. Eelgrass shoots will tend to bend towards the substrate during running tides; the accuracy of percent of cover is then very approximate.

6.6 Presence of Other vegetation

Other types of algae were documented as broad or tuft. Broad algae, such as kelps, sea lettuce and *Sargassum muticum* can blanket the ocean floor and make it difficult to characterize substrate. They can also shade eelgrass in mixed substrates as they anchor to hard surfaces. Tuft algae, such as brown and red algae do not shade eelgrass but indicate presence of hard surfaces for attachment. The presence of kelps, predominately large brown kelps, was noted, as was the presence of other types of smaller algae and *Sargassum muticum*. *Sargassum* is an exotic species of algae that can overshadow eelgrass if the substrate is a mix of sand and cobble.

6.7 Visibility

Visibility was a subjective observation and was rated low, medium and high. The amount of visibility could impact in some instances the accuracy of the observations, namely characterization of substrate. This can be caused by winds, sediment flows from the lower reaches of watersheds, inputs from nearby streams and tidal/current movements. Low tide periods make for the best visibility.

7.0 Inventory Findings

The findings for Bowen, Bowyer and Passage Islands are described below. Maps generated from the inventory are presented in Appendix B.

7.1 Bowen Island

Bowen Island was surveyed between Aug 6-11 and Oct 4, 5 and 12th, 2013. The island is characterized by a mix of sandy bays and steep shorelines. Large homes are common, with docks constructed both in the bays and on the steep cliffs. Bays, which are areas in which eelgrass is expected to grow, were also the location of waterfront homes and associated docks (both land-based and floating), moorings and anchored boats.

Eelgrass was estimated to extend along 11.6% of the shoreline of Bowen Island. The area of mapped eelgrass polygons was observed to total 41,917 m² and the length of mapped line features was observed to total 958 m. Percent cover was low, however, and in addition to continuous beds, 84 individual patches of eelgrass were recorded, noted on the map as points. Eelgrass was observed within bays and straight sections of coastline on the southwest, northwest, northeast tip, east (Mannion Bay and north) and southeast coasts. Around much of the island eelgrass was characterized by frequent individual patches, with each patch often consisting of very few shoots. Patches on the west coast were observed in areas that, from the shoreline or ShoreZone analyses, would not have been predicted, as the plants occurred seemingly opportunistically in patches of soft substrate located amid boulders and other coarser substrate. Percent cover even in continuous beds was consistently far less than 25% and noticeably sparser than other islands within the Islands Trust areas also surveyed this season.

Docks in areas such as in Tunstall Bay were located in depths suitable for eelgrass growth. Distances between some points on the polygon mapped in Tunstall Bay are longer than 20 m as the eelgrass mappers needed to navigate around swimmers, docks and moored boats. Large clusters of sunflower stars (*Pycnopodia helianthoides*) were observed in the bay on sandy bottoms that did not contain eelgrass. Docks and moorings were also located in eelgrass depth elsewhere on the west coast of Bowen Island (e.g. the relatively straight shoreline north of Bowen Bay, King Edward Bay, the shoreline north of King Edward Bay and Galbraith Bay).

In some sites such as Galbraith Bay and Columbine Bay, eelgrass was only observed on one side of the bay despite suitable sandy substrate on the other side. For example, the substrate on the north side of Galbraith Bay was bare sand. There were several moorings in that bay. Eelgrass in Columbine Bay was sparse and appeared unhealthy; individual clumps were surrounded by bare sand. One hypothesis for this is that eelgrass may be impacted by boat wakes in the area. Boats were moored throughout eelgrass depth in Cates Bay (Figure 1).



Figure 1 Several boats moored in eelgrass depth in Cates Bay, Bowen Island

Multiple beds of continuous eelgrass were identified throughout Mannion Bay between zero and more than 5 m depth relative to chart datum. These beds, however, were not as dense as would be predicted given the soft substrate and sheltered environment. In the northeast side of the bay bare sand fringing beds are interrupted by the construction of docks.

Mannion Bay is heavily used for boat anchoring, mooring and docking within depths suitable for eelgrass growth (Figure 2). The construction of docks and floats and their associated chains are impediments for eelgrass productivity in this area. Multiple adjacent docks have been constructed within eelgrass depth (Figure 3). Ropes and chains from docks, moorings or anchors had dragged on the sea floor, apparent due to the patterns they had created in the sand. The motion of the chains due to waves and currents can damage or uproot eelgrass.

Eelgrass otherwise appeared healthy in Mannion Bay and there are opportunities to restore lost eelgrass habitat if boat anchoring were restricted to a defined area outside of the depth range for eelgrass growth. In other words, moorings would be less likely to affect eelgrass if they were limited to 6 m depth or deeper. Schools of fish were observed within the existing sparse eelgrass; therefore, restoring the eelgrass in the area would serve to enhance fish habitat.

Although it was not included in the project deliverables, the research team had been requested to look for evidence of litter on the sea floor in this bay; however, only a few cans and the

possible remnants of a shopping cart were observed. Some of the moorings and anchored boats appeared derelict. Many crabs were observed on the south side of the bay, but were not identified to species.



Figure 2. Multiple moorings, anchored boats and floating docks in Mannion Bay, Bowen Island

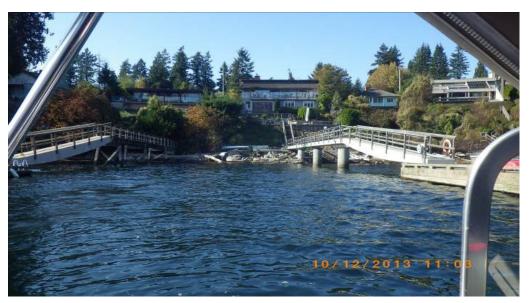


Figure 3. Multiple docks in eelgrass depth at Mannion Bay, Bowen Island.

No eelgrass was observed in Snug Cove including the head of the cove, near Crippen Park beach. Possible reasons include dredging, ferry wakes, eutrophication and boat traffic associated with the marina, and pollution of the substrate due to chipped wood debris. No flora was observed on the sea floor except for encrusting algae. There are restoration opportunities for the nearshore environment by Crippen Park beach if the historical and present impacts from the marina and former log booming site are addressed.

The inner portion of the eastern cove of Konishi Bay on the south coast of the island appeared suitable for eelgrass due to the sandy substrate and sheltered cove with a sandy beach. The substrate was bare sand, however. Eelgrass was observed in deeper locations of that bay.

Removal of native plants and retaining wall constructions were observed around residences. In another eelgrass location in the southern portion of Seymour Bay/Seymour Landing where an adjacent coastal lot was for sale, coastal vegetation had been cleared and there is already evidence of slope failure both at the top and foot of the slope, despite installation of riprap. Water flow had also been channeled in the area, which could intensify water and sediment flow into the nearshore environment (Figure 4). Slope failure is a possible threat to eelgrass through smothering by eroding sediments. Shoreline hardening also increases wave energy and wave deflection, which can scour shorelines (Lamont 2013).



Figure 4. Southeast Bowen Island, adjacent to existing eelgrass bed. Backshore native vegetation has been cleared leading to slope failure. This plus the deliberate channelizing of the water flow could introduce excess sediments into the nearshore environment.

The area around Cape Roger Curtis has been of concern to local residents due to the construction of large docks and potential for damage to submerged habitats. Eelgrass was not observed around the exposed cape, as the observed substrate was steep and rocky. Kelp was observed in the area, however. Chains from the new construction were observed on the ocean floor. Kelp beds are a major feature along the rocky parts of the Bowen Island shoreline. Several schools of small or juvenile fish were also observed around the island.

7.2 Bowyer Island

Bowyer Island was surveyed on October 11th-12th, 2013. The west, north and east coasts of Bowyer Island are largely steep and rocky. The south shore is characterized by several coves, varying in substrate. Eelgrass was estimated to extend along 11.35% of the Bowyer Island shoreline, observed only in particular coves along the southern portion of the island (Figure 5). The area of polygons containing eelgrass was observed to total 3690 m² and the length of mapped line features was observed to total 70 m. In addition to continuous beds, 4 individual patches of eelgrass were recorded, noted on the map as points. Eelgrass around Bowyer Island was similar in appearance and percent cover to that surrounding Bowen Island, i.e. patchy and sparse. Percent cover within the polygons was less than 25%.

Docks were located in eelgrass depth in the bay on the central southern shore of Bowyer Island, within zone W2/W1a. Eelgrass beds in that bay were observed to extend as far as the docks. Several chains were located on the ocean floor in zone W2 on the southeast shore of the island, and a large dock is within or adjacent to the eelgrass bed (Figure 6).

Large schools of small fish were frequently observed while circumnavigating Bowyer Island, particularly on the west, north and east coasts. Also observed were large numbers of pile perch (*Rhacochilus vacca*) and rockfish. Harbour seals were observed in several locations.



Figure 5. Bowyer Island, south coast eelgrass location



Figure 6 Dock at eelgrass bed on Bowyer Island

7.3 Passage Island

Passage Island was surveyed on October 5th, 2013 This island is one of the most exposed islands of Howe Sound and is a good example of how people and eelgrass tend to occur within similar, sheltered environments. Most of the island is characterized by rocky cliffs, with a few beaches. Eelgrass was estimated in sections of the east coast of the island, along 15.67% of the total shoreline of the island. The area of polygons containing eelgrass was observed to total 3718 m² and the length of mapped line features was observed to total 40 m. Percent cover within the polygons was less than 25%. Ropes were observed on the sea floor in eelgrass depth in an area of the southeast coast of the island in the presence of patchy eelgrass. In this area was also noted a floating dock within eelgrass depth and approximately 12 moorings in the eastern part of the area, where the eelgrass was very sparse and patchy. A floating dock and mooring was located at the south end of the more northerly eelgrass polygon on the east coast of the island. A photo of one of these locations is presented in Figure 7.



Figure 7. Location of eelgrass and human activity, including a floating dock and a moored boat, on Passage Island.

8.0 Summary of Threats to Eelgrass Habitats on Bowen, Bowyer and Passage Islands

The major observed threats to eelgrass habitats on these three islands are docks, moorings and anchoring that occur within eelgrass locations. These can shade out eelgrass beds. In addition, the ropes and chains associated with these activities can move along the ocean floor with tides and currents, damaging or uprooting eelgrass beds.

Human activities within the nearshore environment are likely having a detrimental effect on eelgrass health, possibly contributing to sparseness and patchiness of beds within sandy bays that would otherwise be expected to contain higher eelgrass shoot densities. Further research on additional current or historical activities affecting soft-bottom areas around the islands would help to develop a more complete picture of possible limitations to eelgrass growth. These could include forestry activities, shoreline erosion due to coastal development and exposure to natural waves and boat wakes.

9.0 Recommendations and Eelgrass Restoration Opportunities

The presence of fish species and other marine wildlife surrounding the islands and within eelgrass habitats is an indication of the value of subtidal nearshore vegetation. There is a high likelihood that eelgrass restoration in several sites would enrich the diversity and distribution of marine wildlife species. The most obvious location for potential restoration is in Mannion Bay on Bowen Island, but it is conditional upon removal of current stressors, including boat docking, mooring and anchoring above and within eelgrass habitats. The results of these stressors are shading and damage or uprooting due to movement of anchors, ropes and chains.

The success of restoration projects relies partially on the availability of a local source from which to harvest for transplant. SeaChange Marine Conservation Society and science advisor Cynthia Durance have observed that transplants are most successful when source plants are from a local environment with similar characteristics, including depth range. Harvest stock around Bowen, Bowyer and Passage for restoration projects is limited, however, due to the extreme sparseness of the eelgrass around these islands. Pasley Island in Howe Sound, where eelgrass was notably denser and more continuous, is a potential harvesting site for restoration projects in the area.

A set of recommendations is listed below to contribute to the conservation work of the Islands Trust and Islands Trust Fund.

9.1 Education

- 1. Educate boaters and coastal residents about the presence and importance of eelgrass beds.
- 2. Encourage shoreline landowners to replace light-impenetrable docks with materials that allow light penetration.
- 3. Encourage signage at boat ramps reminding boaters to avoid eelgrass beds in shallow water.
- 4. Build public awareness about the importance of reducing nutrient inputs in marine riparian areas; encourage protection and restoration of wetlands and the construction of retention ponds to filter land based pollutants; and encourage reduction in the use of fertilizers, pesticides and herbicides.
- 5. Develop a long term public outreach nearshore marine education strategy that includes new shoreline property owners.

9.2 Regulatory and Enforcement

- 1. Limit dock development, particularly in established and potential eelgrass areas (i.e. areas where substrate is suitable for eelgrass growth).
- 2. Encourage creation of "No anchoring/mooring" zones in suitable eelgrass areas (based on substrate, depth and observed presence of eelgrass); encourage movement of moorings to areas that are too deep for eelgrass.
- 3. Limit shoreline development; maintain a coastal riparian zone that will enable inland shift of eelgrass beds as sea levels rise.
- 4. Create and implement appropriate setbacks for built structures from the nearshore.

- 5. Limit or reduce overwater structures; increase shared community docks and wharves when possible.
- 6. Require removal of illegal shoreline modifications; require restoration or removal of aged derelict structures where possible.

9.3 Opportunities for Collaboration with Other Agencies

- 1. Encourage and undertake as resources allow regularly scheduled monitoring of sensitive or vulnerable shorelines; make monitoring results readily accessible to all.
- 2. Where boat traffic must go through an eelgrass bed, encourage establishment of marked boat channels so that the least damage is done to the habitat.
- 3. Create protected marine zones and encourage planned siting for mooring buoys for recreational boats around eelgrass beds.
- 4. Promote management strategies to mitigate conflicting uses in eelgrass habitat, such as oyster and clam harvesting, boating and anchoring in meadows and near-shore development requiring dredging.
- 5. Promote restoration of natural hydrology when opportunities arise.
- 6. Promote restoration of eelgrass habitats where possible.

10.0 Conclusion

Changes from increased human population, more frequent and intense storms and changes in sea levels and pH of the oceans emphasizes the need to monitor eelgrass habitat and protect them with sound science based policies.

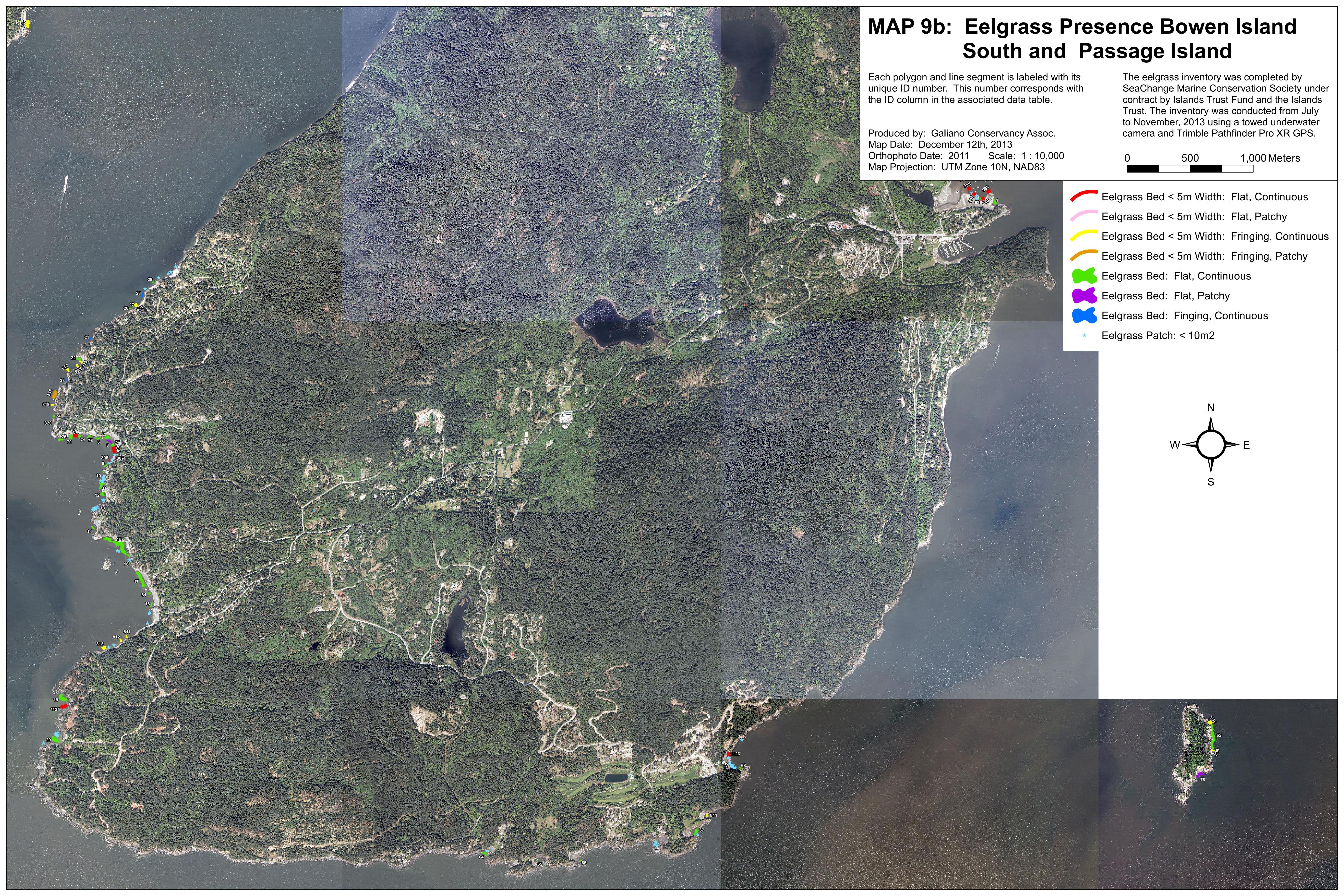
Eelgrass meadows function as natural marine sanctuaries, as indicators of nearshore ecological health, and as sequesters of atmospheric carbon. As well, these valuable habitats are important sources of nutrients for local and off-shore systems. The conservation, protection, monitoring and restoration of native eelgrasses within the Islands Trust Area is and will continue to be a long term smart investment in the social, cultural and biological vitality of the islands.

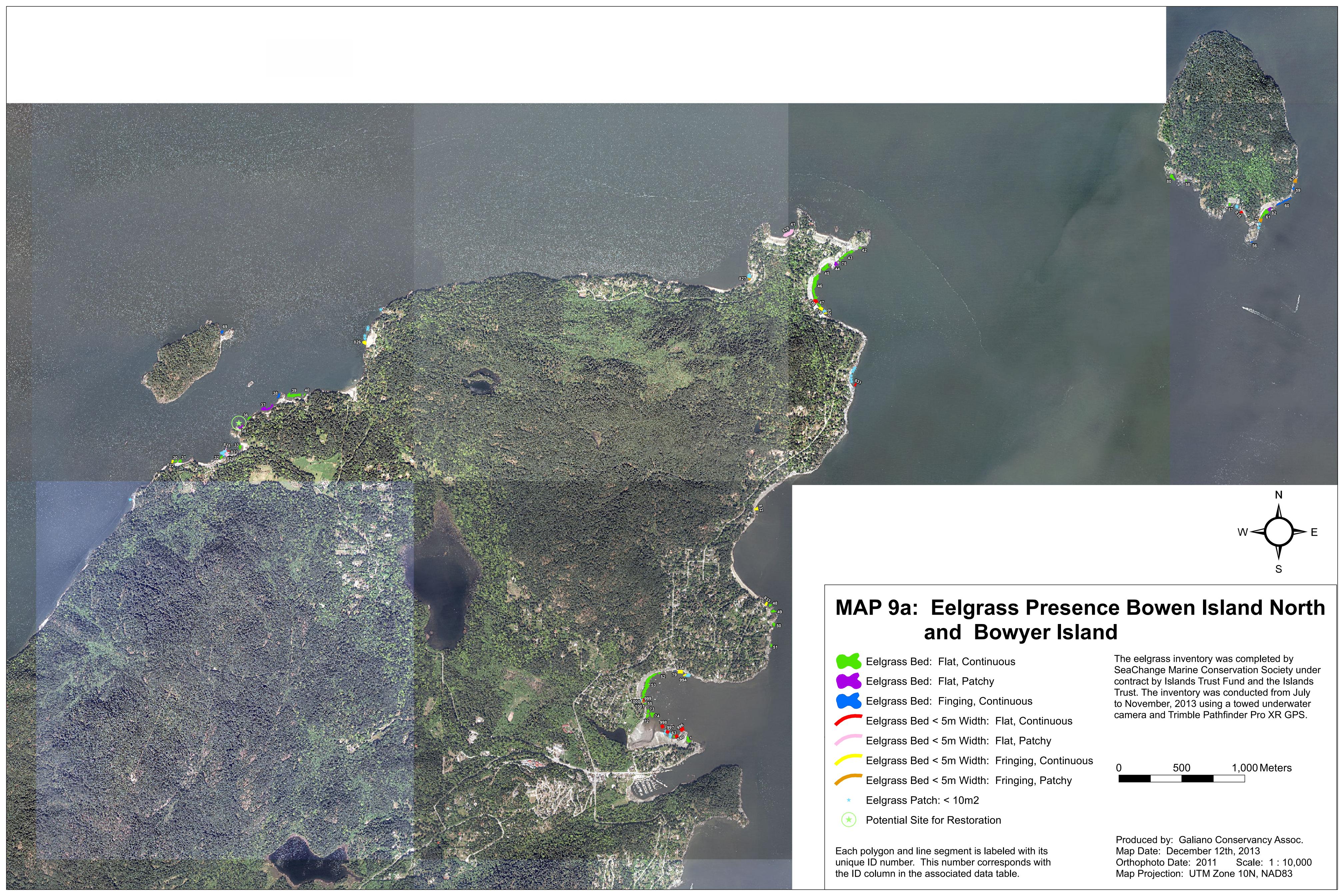
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Eelgrass Maps





Appendix A 2013 Mapping Methodology

2013 Methodology for Zostera marina Presence Mapping with a Towed Underwater Camera

For the 2013 contract, the following methodology for eelgrass mapping (*Zostera marina*) was used to determine the location (presence) and extent of eelgrass habitats for Bowen, Passage and Bowyer Islands.

The methodology reported here is an addendum to "Methods for Mapping and Monitoring Eelgrass Habitat in British Columbia" ("Methods") authored by Precision Identification Biological Consultants and peer reviewed by experts in the field. This addendum was created by the Seagrass Conservation Working Group with input and review by Precision Identification. For 2013 mapping Islands Trust Global Positioning System Specifications (Schedule G to the contract) were adopted. Accuracy on average was 0.814m and was the combined result of the built-in accuracy of the GPS unit, lag time between sighting eelgrass and the unit gathering enough satellite data to create a waypoint, in combination with boat drift.

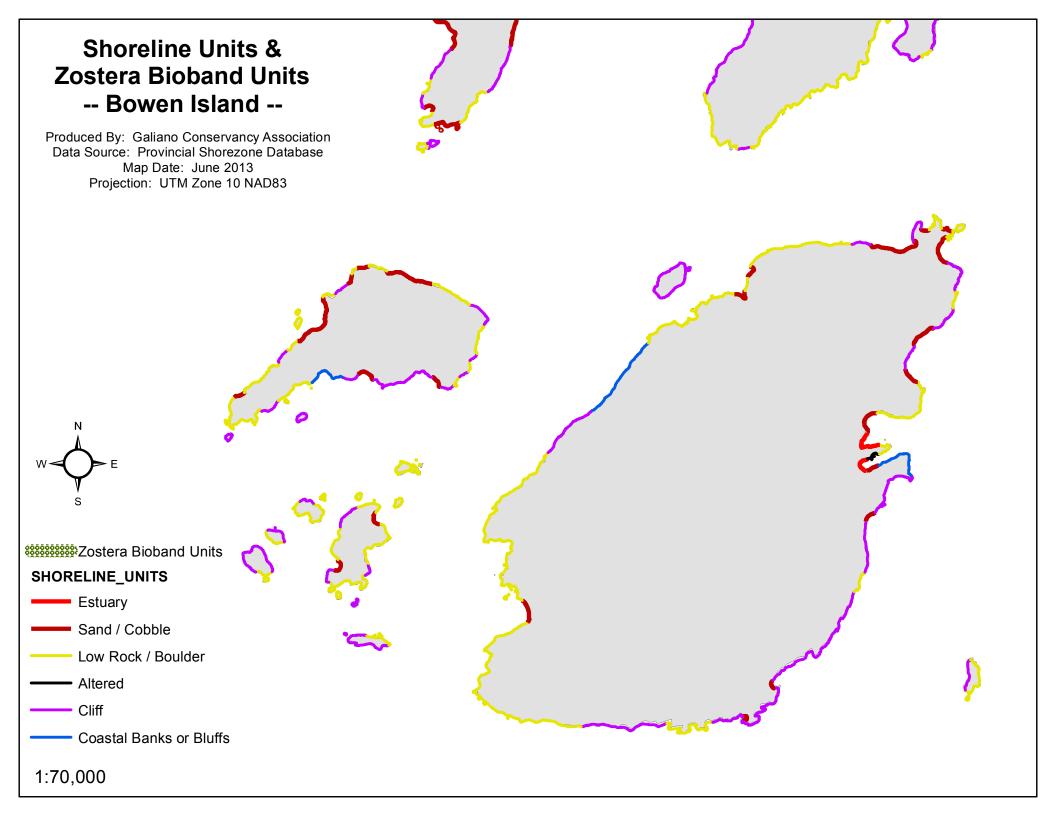
With financial assistance from Metro Vancouver, eelgrass beds on Bowen, Bowyer and Passage Islands were mapped using polygons to show their presence and their full extent. Eelgrass mapping was achieved by towing an underwater camera using a boat and by concurrently recording the geographic location of eelgrass beds using a GPS. Underwater camera transects were conducted parallel and perpendicular to shore to map shoreward and seaward edges of eelgrass beds. In some areas, fringing eelgrass bands and eelgrass patches were too small to map as polygons. In these locations lines and points were used respectively to show eelgrass presence. Fringing eelgrass bands ≤ 5 m wide were mapped as lines and patches less than 10m^2 were mapped as points. Mapping of polygons according to standard methodology was limited due to safe boat operation in wind, current and tidal movements, as well as navigation around boats and swimmers.

For all the islands, general habitat characteristics outlined in Methods are also recorded: Form (flat/fringing), Distribution (continuous/patchy), Percent Cover (<25%, 26-75%, >75%), and Substrate type (sand/mud/pebble/cobble). The state of the tide was recorded as "slack" or "running" in order to indicate the level of confidence in the percent cover estimate. A slack tide yields a higher level of confidence than a running tide, which causes the eelgrass to lie across the ocean floor.

ShoreZone eelgrass bioband mapping and marine charts were used to determine potential locations of eelgrass beds and to estimate time required for each island. The islands were circumnavigated, however, and the sea floor was surveyed regardless of whether ShoreZone predicted eelgrass presence. The majority of the eelgrass beds in the Southern Salish Sea are found between 1 and 3m chart datum. This depth contour was followed and eelgrass presence within this depth range was recorded. If eelgrass was not found in this depth range where bathymetry and substrate characteristics were suitable for eelgrass growth, a perpendicular transect was followed ranging from +1m to -6m which is the typical range of eelgrass in the Salish Sea.

GPS waypoints and the following parameters were recorded at roughly 10 m intervals with intervals no longer than 20m: depth, eelgrass presence, form, distribution, substrate, percent cover, tide state, presence of broad or tuft algae and visibility.

Appendix B:
Bowen Island Shoreline Units (Shorezone Mapping)



Appendix C: Summary of Overwater Structures

The Impacts of Overwater Structures on the Marine Nearshore Environment



The following information was taken from two sources. A Green Shores document summarizes possible effects of docks.¹ A White Paper published in 2001² for the Washington State Transportation Commission in Puget Sound is more detailed. The page numbers at the end of paragraphs indicate the page on which the information was found in the original document.

Information collated by Nikki Wright, Executive Director

SeaChange Marine Conservation Society

¹ Province of British Columbia. *Coastal Shore Stewardship: A Guide for Planners, Builders and Developers on Canada's Pacific Coast.* www.greenshores.ca

² Nightingale, B. & Simenstad, C.A. (2001) *Overwater Structures: Marine Issues White Paper Research Project T 1803, Task 35*. Prepared for Washington State Transportation Commission and in cooperation with U.S. Department of Transportation, Federal Highway Administration. 108 pages.

Summary of Possible Effects of Docks

Coastal Shore Stewardship: A Guide for Planners, Builders and Developers on Canada's Pacific Coast Province of British Columbia (Available on the Green Shores Web site: www.greenshores.ca)

What Can Happen (p. 65)

The installation of docks can affect the coastal biophysical environment in a variety of ways:

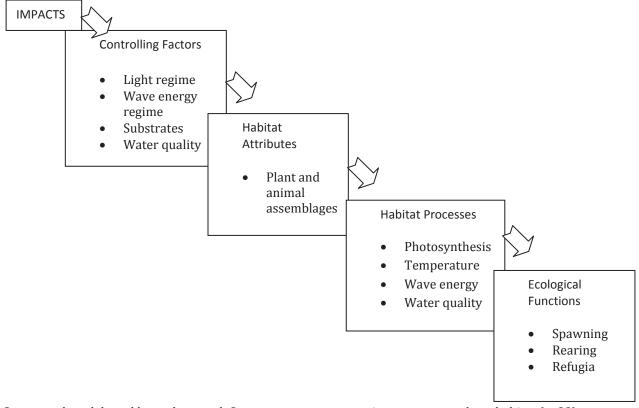
- Shading: Shading caused by the dock can affect the vigor of intertidal and subtidal plant communities, such as marsh plants, eelgrass and kelp beds. These impacts may be chronic (reduced productivity) or acute (wiping out plant communities, leaving the area barren).
- Disruption of shore drift patterns: This can result in updrift beach formation and downdrift shoreline erosion.
- Shore damage: Removal of shore plants and disturbance of soils where docks are attached to land can increase erosion and sedimentation of the intertidal and adjacent subtidal areas.
- Bottom habitat: Installation of footings, pilings and other structures permanently alienates benthic habitat. Dredging to create sufficient depth next to the dock can also disrupt or destroy bottom habitat.
- Operational pollution: poor refueling and dock maintenance practices, bilge releases and accidental spills from boats and docks can release contaminants into the nearby waters.
 (p. 65)

Overview of Ecological and Habitat Issues

From: Overwater Structures: Marine Issues White Paper Research Project T 1803, Task 35.

Estuarine and shallow marine nearshore habitats provide passage for fish and fish larvae, ocean water and human transportation, as well as areas for settlement of marine shellfish and other marine life. These sites are important sources of prey resource production, refugia, and spawning areas for Pacific salmon, groundfish, and forage fish, such as herring, sand lance and surf smelt. Overwater constructed structures can pose alterations to key factors that control prey production and spawning. Light, wave energy and substrate regimes determine the habitat characteristics that support these critical functions (p. 1).

Overwater structures are typically located in intertidal areas from above the area submerged by the mean higher high tides and out to 15 meters below the area exposed by the mean lower low tide. The primary physical processes controlling habitat attributes (i.e. plant and animal assemblages) and functions are depth (elevation) substrate type, wave energy, and light and water quality. These are the most important factors influencing the development and distribution of nearshore habitats (p. 33).



Conceptual model used by authors to define overwater structure impacts to nearshore habitat (p. 33).

Overwater structures and associated activities can impact the ecological functions of habitat through the alteration of habitat controlling factors (light regime, wave energy regime, and

substrate and water quality). These alterations can, in turn, interfere with habitat processes supporting the key ecological functions of spawning, rearing and refugia. Whether any of these impacts occur and to what degree they occur at any one site depend upon the nature of site-specific habitat controlling factors and the type, characteristic, and use patterns of a given overwater structure located at a specific site (p. 34).

In addition to impacts associated with overwater constructed structures, activities associated with docks can also pose risks to the quality and quantity of habitat through prop scour, groundings, contaminant introduction to the marine environment and structural interferences with shallow nearshore habitats with the placement of ramps and haul-outs in nearshore areas.

Habitat Impact Mechanisms (p. 34)

Habitat Controlling Factors	Overwater Structures & Activities	Habitat Impact Mechanisms	Habitat Impacts
Light Regime	DocksFloatsPilingsMoored vessels	Reduced light levels	 Limited plant growth & recruitment Altered animal behavior and assemblages
Wave Energy Regime	FloatsBreakwatersProp washMarina	Altered wave patterns	 Altered plant and animal assemblages Altered substrate type Altered sediment transport & distribution
Substrate	 Prop & anchor scour Pilings, breakwaters & floats 	Altered substrate characteristics	 Altered sediment transport & distribution Altered substrate type Altered plant & animal assemblages
Water Quality	DischargesBoat & upland run-off	 Increased exotics, toxics, nutrients and bacterial introductions 	 Altered plant & animal assemblages Limited growth & recruitment Exotic species replacement of natives

Overwater Structure Effects on Light Regime

Effects on Underwater Vegetation

Without proper precautions, docks, piers, and pilings can cast shade upon the underwater water environment thereby limiting light availability for plant photosynthesis. Distributions of invertebrates, fishes, and plants have been found to be severely limited in under-dock environments when compared to adjacent vegetated habitat in the Pacific Northwest not shaded by overwater structures (p. 38).

Each dock defines a shade footprint specific to its structural specifications. Dock height, width, construction materials, and the dock's orientation to the arc of the sun are primary factors in determining the shade footprint that a given dock casts over the submerged substrates. Researchers found underwater light availability and eelgrass bed quality under docks to be primarily dependent upon dock height, followed in importance by dock width and dock orientation to the arc of the sun. Light is the most important variable affecting canopy structure (i.e. shoot density and height) and eelgrass bed quality. To the degree that a shade footprint limits plant photosynthesis, it decreases the extent and quality of habitat that support a wide variety of fish and shellfish populations. Construction of even partially shading types of structures, floating or on pilings, could be expected to largely eliminate existing eelgrass and other macroflora with little chance for replacement plant growth (p. 39).

Effects on Fish

Overwater structures can create sharp underwater light contrasts by casting shade in ambient daylight conditions. They can also produce sharp underwater light contrasts by casting artificial light in ambient nighttime conditions. Changes to ambient underwater light environments pose a risk of altering fish migration behavior and increasing mortality risks. Findings have demonstrated that fish responses to piers are ambiguous with some individuals passing under the dock, some pausing and going around the dock, schools breaking up upon encountering docks, and some pausing and eventually going under the dock (p. 43).

Light is considered to be the primary factor limiting the survival and distribution of eelgrass. Given the strong association of important fish prey resources with eelgrass, limitations in the extent of eelgrass pose a potential risk of reduced prey resources. Prey resource limitations likely impact migration patterns and the survival of many juvenile fish species. For smaller fish less than 50 mm in length, residence times along particular shorelines are thought to be a function of prey abundance. Research in the Hood Canal demonstrated that outmigrating juvenile chum fry (30-45 mm) feed extensively upon small, densely distributed harpacticoid copepods selecting for the largest copepods available. As the fish grew in size, their diet content became composed more of larger epibenthos and pelagic crustaceans. Consistent with other studies, the highest densities of harpacticoid copepods occurred in magnitudes 4-5 times higher in eelgrass stands than in sand

habitat without eelgrass. Similarly, the largest abundance of first post-larval stage crabs of 0+ age are found in eelgrass beds (p. 45).

Impacts on Wave Energy

Wave energy and water transport alterations imposed by docks, bulkheads, breakwaters, ramps and associated activities alter the size, distribution, and abundance of substrate and detrital materials required to maintain the nearshore detrital-based food web. Alteration of sediment transport patterns can present potential barriers to the natural processes that build spits and beaches and provide substrates required for plant propagation, fish and shellfish settlement and rearing, and forage fish spawning. Although the specific characteristics of the factors at play vary with the geology of each region or subsystem, changing the type and distribution of sediment will likely alter key plant and animal assemblages. Wave and current interactions in shallow water (i.e. depths <1.0m) are particularly important to intertidal flora and fauna (p. 48).

Dock pilings have also been found to alter adjacent substrates with increased shell hash deposition from piling communities and changes to substrate bathymetry. Similarly, dock uses and construction activities are known to limit underwater light and redistribute sediments through prop scouring, vessel shading, and pile driving. These changes in substrate type can change the nature of the flora and fauna native to a given site. In the case of pilings, native dominant communities typically associated with sand, gravel, mud, sand, and seagrass substrates are replaced by those communities associated with shell hash substrates (p. 49).

Cumulative Effects

Given the apparent increasing demand for overwater structures, structural design to allow maximum light transmission and to mitigate energy and substrate changes is required to protect the ecosystems marine fishes rely upon. Given what is known concerning overwater structure impacts in marine and estuarine ecosystems, we conclude that multiple placements of overwater structures in marine waters can pose substantive risks of significant changes to the immediate and surrounding marine and estuarine ecosystems. These risks require the assessment of existing cumulative light limitation effects and wave energy and substrate effects to the shoreline environment. These risks require assessment at the drift cell before considering the addition of new structures (p. 91).